

# KE AN IOGENIC FAC O IN AKING OBJEC I EL C ED CLINICAL E AMINA ION AMONG HEAL HCA E DEN : A EMA IC E IE

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# OBJEC I E

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## BACKG O ND

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#### BACKG O ND

- Students often experience a loss of control during OSCEs, frequently leading to increased anxiety.<sup>4</sup>
- OSCEs require an increased amount of preparation compared to other forms of evaluation, such as traditional written examinations.<sup>5</sup>
- Students' perceptions of fairness are an important aspect of OSCEs.<sup>6</sup>

• OSCEs may be anxiogenic, for healthcare students, thus

#### P PO E

• The purpose of this systematic review is to explore the most commonly reported anxiogenic factors associated with completing OSCEs, through the perceived lived experiences of healthcare students.

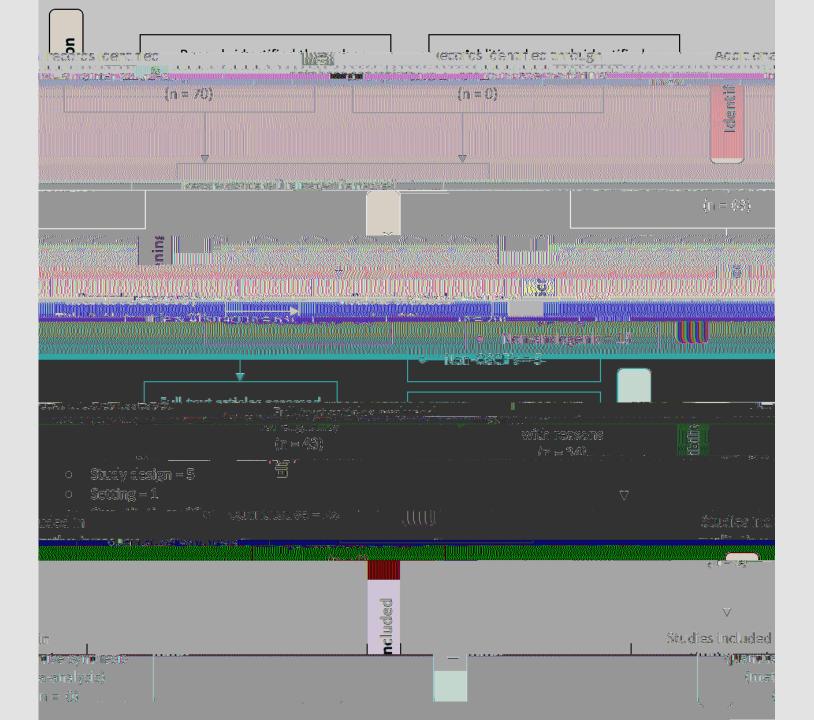
• Qualitative research seeks a deeper understanding of the studies being examined. It usually focuses on the "why" instead of the "what" in research. <sup>10</sup>

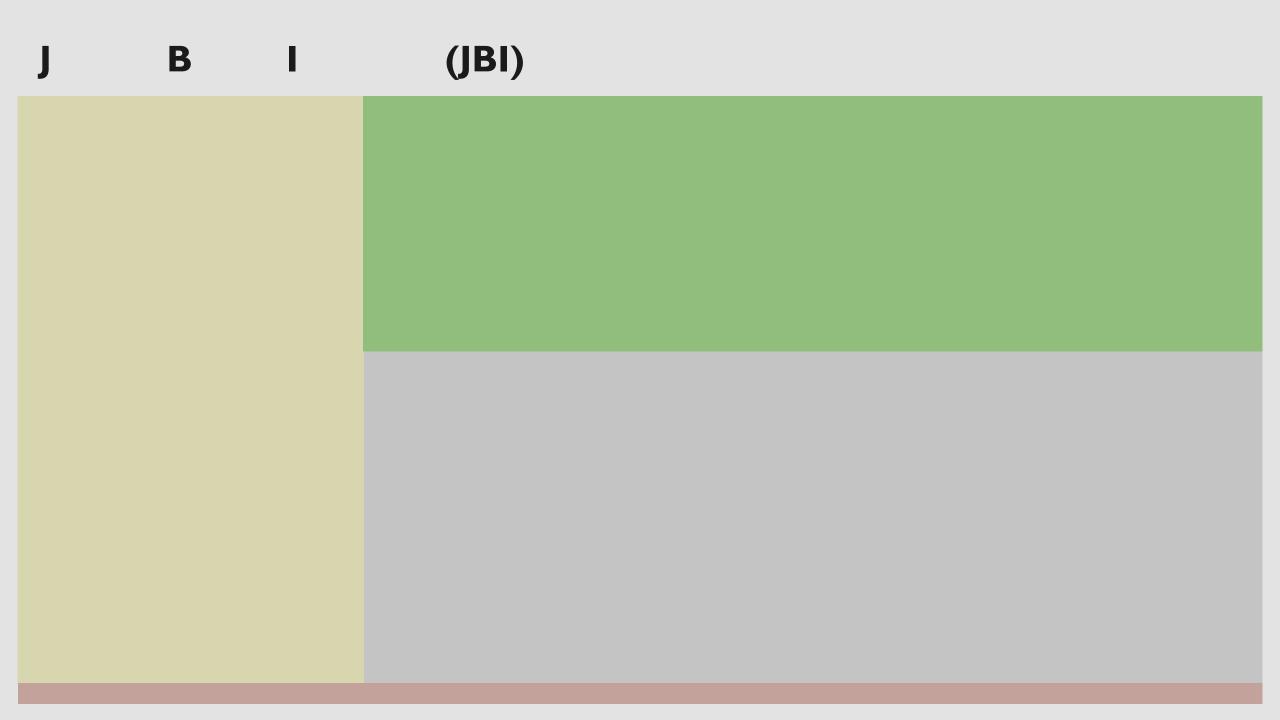
 It is used to gain a more in-depth understanding of human behavior, motivations, Databases: PubMed, CINAHL, NCBI, and ProQuest Central

Search terms: (Anxiety stress motivation psychological

- Included:
  - Healthcare students (18+ years) taking OSCEs
  - Undergraduate studies or graduate studies
  - College or university setting
  - Primary

## **PRISMA**





• Sample sizes ranged from 20 to 730 participants (

• Qualitative methods utilized to evaluate anxiogenic factors included interview questions and surveys using open

• As a result from the extraction of themes, based on saturation within qualitative data, the key anxiogenic factors identified to taking OSCEs in healthcare students included:

- Environment of assessment
- Lack of preparedness

## LIMI A ION

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- Future research should focus on the use of standardized interview protocols or questionnaires to assist with mitigation of the negative effects of anxiety on students' mental health and overall wellbeing.
- Future research should also aim to evaluate the effects of video exemplars and collaborative testing and studying on student anxiety

#### CLINICAL ELE ANCE

- The results from this study provide helpful feedback on key anxiogenic factors for healthcare students undergoing OSCE assessments.
- The information provided may assist healthcare programs in modifying or adapting to student needs with emphasis on the OSCE testing environment, as this was the most commonly identified anxiogenic theme.

### CLINICAL ELE ANCE

- Suggestions to decrease anxiogenic factors in OSCE format include:
  - Uploaded videos for students to study
  - Collaborative study and test design

## ACKNO LEDGEMEN

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## QUESTIONS?